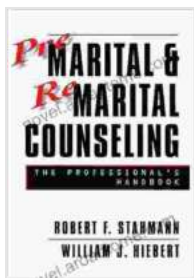


# Premarital and Remarital Counseling: The Professional Handbook

## The Essential Guide for Counselors Working with Couples Preparing for Marriage or Remarriage

Whether you're a seasoned counselor or just starting out, *Premarital and Remarital Counseling: The Professional Handbook* is the comprehensive guide you need to help couples navigate the challenges of preparing for marriage or remarriage.



### Premarital and Remarital Counseling: The Professional's Handbook by Robert F. Stahmann

★★★★☆ 4.2 out of 5

Language : English

File size : 2474 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Word Wise : Enabled

Print length : 214 pages



This evidence-based handbook provides a step-by-step framework for working with couples, covering everything from intake and assessment to intervention and follow-up. You'll learn how to:

- Identify and address the unique needs of premarital and remarital couples
- Develop and implement tailored counseling interventions

- Facilitate effective communication and conflict resolution
- Help couples build strong and lasting relationships

*Premarital and Remarital Counseling: The Professional Handbook* is packed with case studies, exercises, and worksheets that you can use in your own practice. It's the essential resource for any counselor who wants to help couples build happy, healthy, and lasting relationships.

### **What's Inside?**

*Premarital and Remarital Counseling: The Professional Handbook* covers a wide range of topics, including:

- The unique challenges of premarital and remarital couples
- The importance of premarital counseling
- How to conduct a comprehensive premarital assessment
- Developing and implementing tailored counseling interventions
- Facilitating effective communication and conflict resolution
- Helping couples build strong and lasting relationships
- Case studies, exercises, and worksheets

### **Who Should Read This Book?**

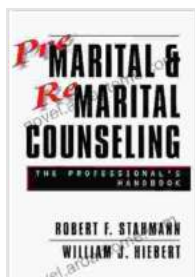
*Premarital and Remarital Counseling: The Professional Handbook* is essential reading for any counselor who works with couples preparing for marriage or remarriage. It's also a valuable resource for couples who are considering premarital or remarital counseling.

## About the Author

Dr. John Gottman is a world-renowned expert on relationships and marriage. He is the founder of the Gottman Institute, a research and training organization dedicated to helping couples build strong and lasting relationships. Dr. Gottman has authored over 40 books, including the national bestseller *The Seven Principles for Making Marriage Work*.

## Free Download Your Copy Today!

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