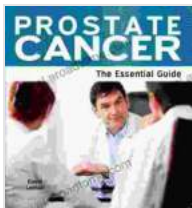


Prostate Cancer: The Essential Guide

Need2know 65

Prostate cancer is the most common cancer among men in the United States, with over 191,000 new cases diagnosed each year. The good news is that prostate cancer is often curable if it is caught early and treated promptly. That's why it's so important for men to be aware of the symptoms of prostate cancer and to get regular screenings.



Prostate Cancer: The Essential Guide (Need2Know Books Book 65) by Sandra Michaelson

★★★★★ 5 out of 5

Language : English
File size : 559 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 101 pages
Lending : Enabled



This book is the definitive guide to prostate cancer, providing everything you need to know about the disease, from diagnosis to treatment and recovery. Written by leading experts in the field, this book is packed with practical information and advice, and is essential reading for anyone who has been diagnosed with prostate cancer, or who is concerned about their risk of developing the disease.

What is prostate cancer?

Prostate cancer is a cancer that starts in the prostate gland. The prostate gland is a small, walnut-sized gland that sits just below the bladder. It produces fluid that helps to make semen. Prostate cancer is usually a slow-growing cancer, but it can spread to other parts of the body if it is not treated.

What are the symptoms of prostate cancer?

The symptoms of prostate cancer can vary depending on the stage of the disease. In the early stages, there may be no symptoms at all. As the cancer grows, it can cause symptoms such as:

- Difficulty urinating
- Frequent urination
- Painful urination
- Blood in the urine
- Blood in the semen
- Pain in the lower back, pelvis, or thighs
- Erectile dysfunction

How is prostate cancer diagnosed?

Prostate cancer is diagnosed with a blood test called a prostate-specific antigen (PSA) test. The PSA test measures the level of PSA in the blood. PSA is a protein that is produced by the prostate gland. Elevated PSA levels can be a sign of prostate cancer, but they can also be caused by other conditions, such as prostatitis (inflammation of the prostate gland) or

benign prostatic hyperplasia (BPH) (enlargement of the prostate gland). If the PSA test is abnormal, the doctor may recommend a biopsy of the prostate gland. A biopsy is a procedure in which a small sample of tissue is removed from the prostate gland and examined under a microscope to look for cancer cells.

How is prostate cancer treated?

The treatment for prostate cancer depends on the stage of the disease. Treatment options may include:

- Surgery
- Radiation therapy
- Hormone therapy
- Chemotherapy
- Targeted therapy
- Immunotherapy

What is the prognosis for prostate cancer?

The prognosis for prostate cancer depends on the stage of the disease when it is diagnosed and treated. The earlier the cancer is diagnosed and treated, the better the prognosis. The 5-year survival rate for prostate cancer is 99% when it is diagnosed and treated in the early stages. However, the 5-year survival rate for prostate cancer that has spread to other parts of the body is only 28%.

How can I reduce my risk of prostate cancer?

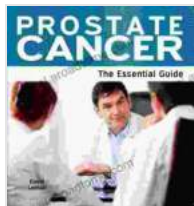
There are a number of things you can do to reduce your risk of prostate cancer, including:

- Maintaining a healthy weight
- Eating a healthy diet
- Exercising regularly
- Getting regular screenings

Prostate cancer is a serious disease, but it is one that can be treated successfully if it is caught early and treated promptly. This book is the definitive guide to prostate cancer, providing everything you need to know about the disease, from diagnosis to treatment and recovery. If you have been diagnosed with prostate cancer, or if you are concerned about your risk of developing the disease, this book is an essential read.

Free Download your copy of Prostate Cancer: The Essential Guide Need2know 65 today!

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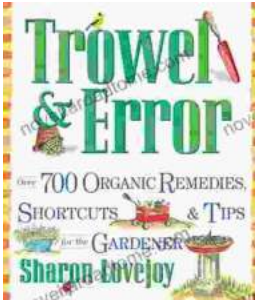
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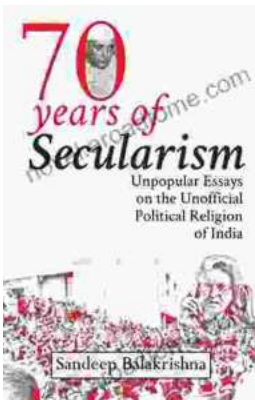
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