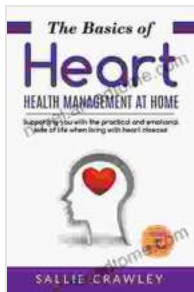


Supporting You With The Practical And Emotional Side Of Life When Living With: "Living With Someone Who Has Depression – A Book For Partners, Families and Friends"

Depression is a serious mental illness that can have a profound impact on the lives of those who suffer from it, as well as their loved ones. If you are living with someone who has depression, you may feel overwhelmed, confused, and alone.

This book is here to help. Written by a therapist who has worked with hundreds of people living with depression, this book provides you with the practical and emotional support you need to cope with the challenges of living with this illness.



The Basics of Heart Health Management at Home: Supporting you with the practical and emotional side of life when living with heart disease by Sallie Crawley

★★★★★ 5 out of 5

Language : English
File size : 5749 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 289 pages
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What Others Are Saying

"This book is a lifesaver. It has helped me to understand my partner's depression and to provide him with the support he needs." - Sarah

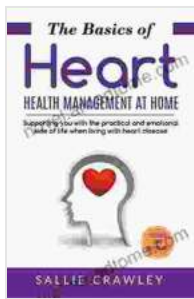
"I am so grateful for this book. It has given me the tools I need to cope with the challenges of living with depression." - John

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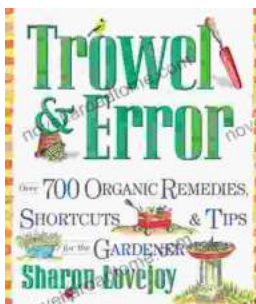
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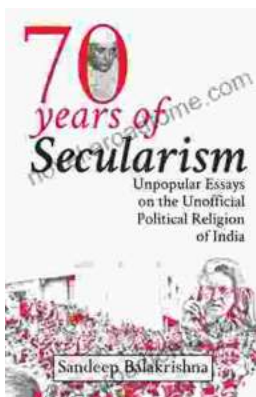
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